



Olympic

FINISHER	Roaul STRYDOM
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SWIM	00:40:15	BIKE	02:15:04	RUN	01:08:39	OVER ALL	04:03:59
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AGE GROUP	All Ages	AGE GROUP RANK	15	OVER ALL RANK	26
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I did it! **2023**
I TRI'D THE KAROO!



SPORT S SPLITS

