



PEOPLE'S TRIATHLON

FINISHER	A-J SPIERINGSHOEK						
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SWIM	00:40:19	BIKE	02:24:01	RUN	01:45:45	OVER ALL	05:01:45
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AGE GROUP	Male 30-39	AGE GROUP RANK	3	OVER ALL RANK	15
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25 SEPTEMBER 2021
Nelson Mandela Bay, South Africa