



# PEOPLE'S TRIATHLON

<b>FINISHER</b>	<b>Herman MATTHEWS</b>
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<b>SWIM</b>	00:54:41	<b>BIKE</b>	03:09:27	<b>RUN</b>	02:57:52	<b>OVER ALL</b>	07:14:02
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<b>AGE GROUP</b>	Male 40-49	<b>AGE GROUP RANK</b>	18	<b>OVER ALL RANK</b>	49
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**25 SEPTEMBER 2021**  
Nelson Mandela Bay, South Africa