

## SA Triathlon champs 2021

Helena FERREIRA

finished the Age Group Sprint

in a time of: <u>01:36:13</u>

Swim TIME: \_\_\_\_00:21:16

Bike TIME: 00:42:44

Run TIME: \_\_\_\_00:29:15\_\_\_

Category: <u>40-44</u>

Position in Category: 11/12





