



**South Coast  
Ultra Marathon  
2019**



**South Coast Striders  
Athletics Club**

## ***Congratulations***

**Nqamulela D GUMEDE**

***on completing the***

***South Coast Ultra Marathon***

**48km**

***In a FinishTime of***

**03:45:53**

***Gender Pos***

**26**

***Cat Pos***

**22**

***Overall Pos***

**26**

