



**South Coast  
Ultra Marathon  
2019**



**South Coast Striders  
Athletics Club**

***Congratulations***

**Mncedisi GUMEDE**

***on completing the***

***South Coast Ultra Marathon***

**48km**

***In a FinishTime of***

**03:51:37**

***Gender Pos***

**34**

***Cat Pos***

**4**

***Overall Pos***

**34**

