



Congratulations

Emile VAN HEERDEN

on completing

Event 1B - 1500m - Disabled Swimmers

in a Finish Time of

00:52:50

Overall Position

30

Essentiale®
extreme

TECHNI
BLOCK  **BEAT**
THE SUN

BIOGEN
AND THE BEAT OF YOUR HEART

Mitchum



 **vita-thion®**
SUSTAINED NATURAL ENERGY