



**Congratulations
Anke FOURIE**

on completing

Event 1A - 3km Men & Women All Ages

**in a FinishTime of
00:44:49**

**Overall Position
73**

Essentiale®
extreme

TECHNI
BLOCK  **BEAT**
THE SUN

BIOGEN
AND THE BEAT OF THE HEART

Mitchum



 **vita-thion®**
SUSTAINED NATURAL ENERGY