



**Congratulations  
Terry HELLER**

**on completing**

**Event 1A - 3km Men & Women All Ages**

**in a Finish Time of  
00:38:45**

**Overall Position  
24**

**Essentiale®**  
extreme

**TECHNI**  
**BLOCK** 

**BIOGEN**  
And the rest is the past

**Mitchum**



 **vita-thion®**  
SUSTAINED NATURAL ENERGY