



# TEMBISA MILE | 10KM

SUNDAY 28 OCTOBER 2018

Presented by Tembisa Athletics Club

*Congratulations*

Nielen NORMAN

*You have completed the Tembisa*

10km Run

In  $\pm$  <sup>FINISH</sup><sub>TIME</sub> of

00:36:25

*Overall Position*

47

*Gender Position*

47



THRESHHold®

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